

Thankful Doughnuts

A quick craft that can help remind children to be thankful for what they have and not worry about the 'empty spaces' in their lives.

Step 1- Make a paper doughnut using paper or card (template attached on next page)

Step 2- Get children to decorate the tops (Bible verse can be on the back) of their doughnuts with whatever craft materials you have (pens, pencils, tissue paper, glitter, paint)

Step 3- Talk about being grateful for doughnuts and the empty spaces in the middle. Give thanks for what is there, instead of worrying about what isn't there.

Look at [1 Thessalonians ch5 v16-18](#)

Always rejoice. Pray without ceasing. In everything give thanks, for this is the will of God in Christ Jesus toward you.

The passage is about being joyful and grateful at all times and through all challenges. Get them to look at what they have and what they can be thankful for. Is there something they really want for a birthday or for Christmas? Why is the item important to them? If they get lots of good items for their birthday, but not the one item they really wanted, explain that it's good to be grateful for any gifts you are given even if it wasn't quite what they were hoping for. It's good to be thankful for what we do have and not be upset or worry about what is missing.

